

Peace is not the product of terror or fear.  
Peace is not the silence of cemeteries.  
Peace is not the silent result of violent repression.  
Peace is the generous, tranquil contribution of all to the good of all. Peace is dynamism. Peace is generosity.  
It is right and it is duty.

**Oscar Romero**

Lead me from death to life, from falsehood to truth.  
Lead me from despair, to hope, from fear to trust.  
Lead me from hate to love, from war to peace.  
Let peace fill our heart, our world, our universe.  
Peace. Peace. Peace.

**From the Upanishads (Hindu sacred writings)**

First there must be order and harmony within your own mind.  
Then this order will spread to your family, then to the community, and finally to your entire kingdom. Only then can you have peace and harmony.

**Confucius**

Deep peace of the running wave to you.  
Deep peace of the flowing air to you.  
Deep peace of the quiet earth to you.  
Deep peace of the shining stars to you.  
Deep peace of the gentle night to you; moon and stars pour their beaming light on you.  
Deep peace of Christ, the light of the world, to you.

**Gaelic Blessing**

# Peace Quotations



But I tell you who hear me: Love your enemies, do good to those who hate you, bless those who curse you, pray for those who mistreat you.

**Jesus in Luke 6:27,28**

Peace I leave with you; my peace I give you. I do not give to you as the world gives. Do not let your hearts be troubled and do not be afraid.

**Jesus in John 14:27**

And they shall beat their swords into ploughshares, and their spears into pruning hooks; nation shall not lift up sword against nation, neither shall they learn war any more.

**Isaiah 2:4**

---

**Visit:**      [www.spiritualwisdom.org.uk](http://www.spiritualwisdom.org.uk)



I have talked with angels about peace as well, and have told them that on earth they call it peace when wars and conflicts between nations are over, or enmities and disagreements between individuals, and that they think inner peace is simply the peace of mind we have when anxieties are banished, or especially the relief and delight when things turn out well for us. The angels have responded, though, that this peace of mind, this relief and delight when anxieties are banished and things turn out well for us, may look like effects of peace; but they do not come from real peace except in people who are focused on heavenly good. This is because peace occurs only in that good. Peace actually flows in from the Lord into the very core of such individuals, and from that core comes down and spreads into their lower natures, causing peace of mind, relief of the spirit, and a consequent joy.

**Emanuel Swedenborg in Heaven and Hell 290**

Everything bad, especially trust in self, takes away the state of peace. People think that someone bad is at peace when he is calm and cheerful because everything is going right for him. But this is not peace, it is the calm and delight belonging to evil desires that merely simulates the state of peace. This delight, being the opposite of the delight belonging to peace, turns to undelight in the next life, for that is what lies hidden within it. In the next life outward things are rolled away one layer after another through to inmost things at the centre. Peace is at the centre of all delight, even of the undelight of a person governed by good. So far therefore as he casts off what is external the state of peace is revealed and he is filled with bliss, blessedness, and happiness, the source of which is the Lord Himself.

**Emanuel Swedenborg in Arcana Caelestia 8455:2**

Every gun that is made, every warship launched, every rocket fired signifies, in the final sense, a theft from those who hunger and are not fed, those who are cold and are not clothed.

This world in arms is not spending money alone.

It is spending the sweat of its labourers, the genius of its scientists, the hopes of its children.

**Dwight D Eisenhower**

More than an end to war, we want an end to the beginning of all wars - yes, an end to this brutal, inhuman and thoroughly impractical method of settling the differences between governments.

**Franklin D Roosevelt**

Mankind must put an end to war, or war will put an end to mankind. War will exist until that distant day when the conscientious objector enjoys the same reputation and prestige that the warrior does today.

**John F. Kennedy**

One day we must come to see that peace is not merely a distant goal we seek, but that it is a means by which we arrive at that goal. We must pursue peaceful ends through peaceful means.

**Martin Luther King**

Peace, in the sense of the absence of war, is of little value to someone who is dying of hunger or cold. It will not remove the pain of torture inflicted on a prisoner of conscience. It does not comfort those who have lost their loved ones in floods caused by senseless deforestation in a neighbouring country. Peace can only last where human rights are respected, where the people are fed, and where individuals and nations are free. True peace with oneself and with the world around us can only be achieved through the development of mental peace.

**Dalai Lama**